

MENTAL HEALTH RESOURCES

& Community Health Centers

Please note that this list represents some of the resources available to assist our students, it is not comprehensive or complete. It is recommended that you reach out to our partner organizations for input and use this list in addition. You can of course also recommend that students/families contact their pediatrician/general practitioner or clergy. September 2016*

Organization	Category	Description	Location	Phone	Website
Al-Anon & Al-aTeen	Support Group	For friends and families of problem drinkers	National	See website	al-anon.alateen.org
Alcoholics Anonymous - AA	Support Group	For problem drinkers	National	See website	aa.org
BAGLY - Boston Alliance of GLBT Youth	Support Group	Social support organization for GLBTQ youth	Regional	617-227-4313	bagly.org
BARC - Boston Area Rape Crisis Center	Helpline	Services for survivors of sexual assault and friends/family	Regional	800-841-8371	barcc.org
Bridge Over Troubled Water	Support Groups/Counseling	Comprehensive Services for Youth (14 - 24), homeless and at-risk	Boston	617-423-9575, 24/7	bridgeotw.org
Charles River Counseling Center	Support Groups/Counseling	Comprehensive MH Resources	Needham	617-527-4610	cosicounseling.com
Children's Hospital - ASAP (Adolescent Substance Abuse Program)	Consultation/Support	Substance Abuse	Waltham Boston	617-335-2727	childrenshospital.org/centers-and-services/adolescent-substance-abuse-program
Easton Police	Support	School Resource Officer	Easton	508-230-3322	http://www.easton.ma.us/easton_residents/emergency_information/easton_police_department/index.php

GLBT National Help Center	Helpines	Peer support and resources for GLBTQ	National	888-843-4564; Youth TalkLine 800-246-7743	glnh.org
Interface Referral Service*	Helpline	Mental Health Care Provider Database	Newton	888-244-6843 M- F 9am-5p	interface.williamjames.edu
Jeff's Place	Consultation/Support	Bereavment Center - Children,Teens, Families	Framingham	508-879-2800	jeffsplacemetrowest.org
Mass Substance Abuse Helpline	Helpline	MA substance abuse information and education helpline	Regional	800-327-5050	helpline-online.com
MGH ARMS (Addiction Recovery Management Service)	Consultation/Support	Substance Abuse, 14-26 years old	Boston	617-643-4699	massgeneral.org/psychiatry/arms/home.aspx
Multi-Service Eating Disorders Association (MEDA)	Support Groups/Counseling	Eating Disorders	Newton	617-558-1881	medainc.org
National Runaway Safeline	Helpline	For youth or families	National	800-RUNAWAY (800-786-2929), 24/7	1800runaway.org
National Suicide Prevention Lifeline	Helpline	Suicide Prevention	National	800-273-TALK, 24/7	suicidepreventionlifeline.org
OUT Metro-West: WAGLY	Support Groups/Counseling	LGBTQ Support for HS Youth	Framingham/Wellesley Hills	508-875-2122	outmetrowest.org
Planned Parenthood	Consultation/Support	Health Care, education and information	National	800-230-PLAN	plannedparenthood.org
Reach Beyond Domestic Violence	Helpline	Support to survivors of abuse	Regional	800-899-4000, 24/7	reachma.org
Right Turn: A Creative Place for Recovery	Support Groups/Counseling	Addictions	Watertown	781-646-3800	right-turn.org
Riverside Emergency Services*	Helpine/Services	Mobile crisis evaluation and intervention	Newton	800-529-5077, 24/7	riversidecc.org/emergency-services/

Riverside In-Home Therapy Services*	Counseling	MassHealth funded services	Newton	781-752-6857	riversidecc.org
Riverside Newton Youth Outreach*	Counseling	MS and HS age youth, some free care	Newton	617-796-4902	riversidecc.org
Riverside Newton-Needham Home Based*	Counseling	Free, short term home-based services for children, adolescents and families	Newton	617-969-4925	riversidecc.org/child-family-services/home-based-services/
Riverside Outpatient Center*	Counseling	Individuals, families and groups. Accepts most insurance	Newton	617-969-4925	riversidecc.org
SAFELINK - Casa Myrna	Helpline	MA Wide, Domestic Violence Hotline; Multilingual	MA	877-785-2020	casamyrna.org
Samaritans	Helpline	Suicide Prevention	National	877-870-4673 Call or text 24/7	samaritanshope.org
The Children's Room	Consultation/Support	Bereavement Center - Children,Teens, Families	Arlington	781-641-4741	childrensroom.org
The Trauma Center at Justice Resource Institute	Consultation/Support	Trauma	Brookline	617-232-0687	traumacenter.org