## Oliver Ames High School Guidance Department

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# A Guide to Post Secondary Planning for Students with Disabilities

The Guidance Department at Oliver Ames High School presents this packet of information to you in hopes to help support and assist you in the college search process. We understand that the college search process can be a stressful time for all parents and students. We want to make certain that you have all the information in order to ensure your student will receive the most appropriate support services he/she needs in the future. The Guidance Department trusts that this information will help to provide further guidance and explanations for what is to come. Please contact your student's guidance counselor with any further questions.

Teachers check your completed homework.	Professors may not always check homework, but will assume you can perform the same tasks on tests.
Teachers approach you if they believe you need assistance.	Professors are usually open and helpful , but most expect you to initiate contact if you need help.
Teachers are often available for conversation before, during or after class.	Professors expect and want you to attend their scheduled office hours.
*Guiding principle: High school is a teaching environment in which you acquire facts and skills.	*Guiding principle: College is a learning environment in which you take responsibility for thinking through and applying what you have learned.
Testing is frequent and covers small amounts of material.	Testing is usually infrequent and may be cumulative, covering large amounts of material.
Make up tests are often available.	Make up tests are seldom an option; if they are, you need to request them.
*Guiding principle: Mastery is usually seen as the ability to reproduce what you were taught in the form in which is was presented to you, or to solve the kinds of problems you were shown how to solve.	*Guiding principle: Mastery is often seen as the ability to apply what you have learned to new situations or to solve new kinds of problems.
Consistently good homework grades may raise your overall grade when test grades are low.	Grades on tests and major papers usually provide most of the course grade.
Extra credit projects are often available to help you raise your grade.	Extra credit projects cannot, generally speaking, be used to raise a grade in a college course.
*Guiding principle: Effort counts. Courses are usually structured to reward a "good-faith effort."	*Guiding principle: Results count. Though "good-faith effort" is important in regard to the professor's willingness to help you achieve good results, it will not substitute for results in the grading process.

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# Finding the Right Fit:

# What to look for when choosing a college with LD programs and services

Listed you will find some questions you might want to explore as you compare the various services and programs at different colleges. This checklist can help you evaluate the colleges that you are interested in.

	College Name	College Name	College Name	College Name
Does the college have a comprehensive program?				
Is the college culture sensitive to the gifts and needs to LD students?				
Are LD students fully integrated into the college?				,
Is there an additional fee for LD services?				
Are LD specialists available?				
Professional level of training				
Appropriate staff/student ratio				
What is the nature of support?				
Is there academic advising that integrates the LD issues?				
Are facilities inviting and appropriate?				
Is there an Assistive Technology Center?			*	
Is assistance available in the use of assistive technologies?				
Are the following services available:				
Extended time				
Note-takers				
Alternative exam arrangements				
Is subject area tutoring available?				
Are these counseling services available?				·
Individual counseling				
LD Support				

### **Examples of Colleges with Support Services**

Some suggestions of colleges/universities that offer extensive services for students with disabilities:

Anna Maria College 🗀 Beacon College Becker College Champlain College Colby-Sawyer College Curry College Dean College Fitchburg State College Franklin Pierce University Hofstra University Johnson & Wales University Keene State College Landmark College Lasell College Lesley College Lyndon State College Lynn University Mass College Liberal Arts

Massasoit Community College MassBay Community College Middlesex Community College Mitchell College Mount Ida College **Newbury College** New England College Nichols College Plymouth State College Roger Williams University Salem State College Southern Vermont College University of Arizona University of Massachusetts, Lowell University of Southern Maine University of Southern New Hampshire

### Special Focus School/Programs:

Berkshire School (Autism) - MA Threshold (Lesley University) - MA College Living Experience (CLE) - FL Maplebrook School - NY The PACE Program - IL

> \*\* These are just an example. Please check with schools specifically for their services.\*\*



### Post-Secondary Options for Students with Learning Disabilities

5th Year, also called 13th Year or Post-Graduate Programs ("PG Year")

Four Year Liberal Arts
Colleges or Universities

Two Year Associates
Degree Colleges

Community
Colleges

Professional
Programs

Internship Program or
Alternative Schools

2 or 4 Year Colleges for

Special Focus Schools (NVLD; Low-avg. Ability)

Pieper Pratt Winbury 2006

### Navigating the College Search for Students With LD and AD/HD – Online Resources

### College Search and LD

- Association for Higher Education and Disability (AHEAD) www.ahead.org
- Princeton Review <u>www.princetonreview.com</u>
- College Board: Disabilities accommodations for SAT exams http://collegeboard.com/ssd/student/index.html
- ACT exams disabilities accommodations <u>www.act.org/aap/disab/index.html</u>
- Curry College; Academics; LD Program www.curry.edu
- LD Online <a href="http://www.ldonline.org/indepth/college">http://www.ldonline.org/indepth/college</a>

### Legal Issues

- Advocacy and Legal Issues <u>www.wrightslaw.com</u>
- Disability access information www.janejarrow.com

### General LD and AD/HD

- Learning Disabilities Online www.ldonline.org
- Learning Disabilities Association www.ldantl.org
- National Center for Learning Disabilities www.ncld.org
- Children and Adults with Attention Deficit Disorder www.chadd.org
- Council for Exceptional Children www.cec.org
- International Dyslexia Association www.interdys.org
- Learning Disabilities Worldwide <u>www.ldworldwide.org</u>

### Assistive Technology

- Kurzweil Reading Software www.kurzweiledu.com
- Recording for the Blind & Dyslexic www.rfbd.org
- Dragon Naturally Speaking <u>www.speechtechnology.com</u>
- Inspiration www.inspiration.com

### **Suggested Readings**

Many parents find that it is helpful to read books that describe the college transition process and other helpful tips. The following is a list of suggested readings from Curry College.

<u>Teenagers Guide to A.D.D.: Understanding & Treating Attention Disorders Through the Teenage Years</u> by Antony Amen, Sharon Johnson and Daniel G. Amen

When Your Kid Goes to College:: A Parents' Survival Guide by Carol Barkin

<u>Parenting College Freshmen: Consulting For Adulthood</u> by Linda L. Bips, Kristina Wallitsch and Jessica Wallitsch

<u>Letting Go (Fifth Edition): A Parents' Guide to Understanding the College Years</u> by Karen Levin Coburn and Madge Lawrence Treeger

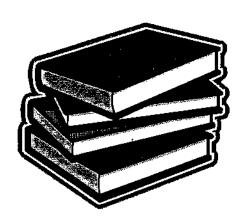
Guiding Teens with Learning Disabilities: Navigating the Transition from High School to Adulthood by Arlyn J. Roffman

<u>Survival Guide for College Students with ADHD or LD</u> by Kathleen G. Nadeau

<u>Self-Advocacy Skills for Students With Learning Disabilities: Making It</u> Happen in College and Beyond by Henry B. Reiff

ADD and the College Student: A Guide for High School and College Students with Attention Deficit Disorder by Patricia O. Quinn

You're On Your Own (But I'm Here If You Need Me): Mentoring Your Child During the College Years by Marjorie Savage



What Does Everybody Else Know That I Don't?: Social Skills Help for Adults with Attention Deficit/ Hyperactivity Disorder by Michele Novotni PhD and Randy Peterson

Almost Grown: Launching Your Child from High School to College by Patricia Pasick