

Oliver Ames High School and Easton Middle School

Fall 2025 Athletics Registration

Link to Fall Registration Site: <https://students.arbitersports.com/oliver-ames-high-school>

Registration Deadlines

August 11: OA Football

August 13: OA Boys & Girls Cross Country, Girls Field Hockey, Boys Golf, Boys & Girls Soccer and Girls Volleyball

September 3: EMS Girls Field Hockey and Girls Volleyball

Tryouts Begin

August 15: Football

August 18: OA Cross Country, Field Hockey, Golf, Soccer & Volleyball

September 4: EMS Volleyball

September 8: EMS Field Hockey

To be eligible for tryouts a student must be registered on Arbiter Registration, have a valid physical uploaded with their registration and have no outstanding academic or other school obligations. (See page 3 for more information)

To be considered for any sport that may make cuts a student must be present for all days of tryouts.

Arbiter Registration Instructions

- A parent/guardian must complete the registration. ***Students may not register themselves unless they are 18 years old.***
- New users must create an account.
 - The parent/guardian should be the account owner and their email address should be listed as the account owner email.
 - Once an account is created each student within a family can be added to the account.
 - After students are added to the family account they can be registered for a sport. Please use the student's school issued email address when creating your students' profiles.
 - **Important:** Please use the same account when registering a student for a sport each subsequent season. This will ensure that all of the information you entered, including their physical exam, carry forward to future registrations.
- Families with existing accounts should log in using the same username and password for the account they previously created.
 - If you can not remember your username and/or password please **do not** create a new account. Please contact Arbiter directly at 1-800-311-4060 and they should be able to help you access your account.

Athletic Eligibility Requirements

To be eligible to participate in tryouts, and to remain eligible throughout the season, students must:

- Be enrolled in Oliver Ames High School (for high school sports) or Easton Middle School (for Middle School sports)
- Be registered on Arbiter Registration by the deadline noted on page 1 for the sport they wish to participate in
- Have a valid physical uploaded to Arbiter Registration. ***Please see page 4 for important information about physical exam reports.***
 - Note: Even if your child has a physical on file with the school nurse you must still upload one to Arbiter for athletic participation
- Be in good academic standing
- Have no outstanding school obligations (ex: lost books, fees, etc.)
- Have a doctor's clearance for any injuries, including head injuries, if applicable

Please note: Baseline concussion testing is required for all athletes participating in Cheer, Field Hockey, Football, Soccer and Volleyball. Once tryouts have concluded those athletes needing to complete the baseline test will be provided a link to the online test which will need to be completed before the first scrimmage/game.

Criteria For Valid Physicals

In order to be eligible for athletic participation a student must have a valid physical uploaded to their Arbiter Registration profile. A valid physical is one that has been conducted within the past 13 months and includes the following on the exam report:

- The date of the exam
- A note indicating clearance to participate in sports/athletic activities
- A doctor's signature (an electronic signature is acceptable.)

Uploading an Updated Physical

The Arbiter system will send automated emails when your student's physical is about to expire. Please follow the instructions below to upload an updated physical:

- Log into the Arbiter account you created when registering
- Select Edit a Registration
- Select your student's name and then scroll down to Upload a Document
- Once you have uploaded the new physical please scroll to the end and select Save

Important Information Regarding Head Injuries

It is very important that our athletes and parents are informed about the signs and symptoms of a concussion. Below are links to educational materials for both athletes and parents must review prior to registering for a Fall sport.

Concussion overview- Mass General Brigham

<https://www.massgeneralbrigham.org/en/patient-care/services-and-specialties/sports-medicine/conditions/concussion>

YOU ARE REQUIRED TO TAKE THE COURSE - please create a login and take the course for free

<https://nfhslearn.com/courses/concussion-in-sports-2>

ATHLETES ARE REQUIRED TO LEARN THIS INFORMATION fact sheet for athletes CDC-

https://www.cdc.gov/heads-up/media/pdfs/highschoolsports/athletes_fact_sheet-508.pdf?CDC_AAref_Val=https://www.cdc.gov/heads-up/pdfs/highschoolsports/athletes_fact_sheet-508.pdf

PARENTS ARE REQUIRED TO LEARN THIS INFORMATION fact sheet for parents CDC

https://www.cdc.gov/heads-up/media/pdfs/highschoolsports/parents_fact_sheet-a.pdf

CDC CONCUSSION FACTS SHEET

https://www.cdc.gov/heads-up/media/pdfs/youthsports/parent_athlete_info_sheet-a.pdf?CDC_AAref_Val=https://www.cdc.gov/heads-up/pdfs/youthsports/parent_athlete_info_sheet-a.pdf